Ramadan Breakfast Menu

All bags to include the following: yogurt, water, OJ, whole fruit (apple, orange, pear, peach or plum. NO BANANA), Medjool Dates, Danish or croissant or breakfast breads

Monday
Scrambled eggs, turkey bacon and breakfast potatoes
Vegan- Tofu scramble and impossible sausage with breakfast potatoes
Pescatarian- Lox and bagels, cream cheese

Tuesday
Turkey sausage, egg and cheese burrito with salsa
Vegan- tempeh, vegetable and vegan cheese burrito
Vegan, Gluten intolerant- vegetable quinoa bowl
Pescatarian- Vegan option

Wednesday
Garden omelet- spinach, tomato, and onion, mushroom served with breakfast potatoes
Vegan- Vegetable tofu scramble with breakfast potatoes
Pescatarian- Regular meal

Thursday
Beef bacon, kale and cheese quiche with breakfast potatoes
Vegan- Vegetable quinoa hash with potatoes
Pescatarian- tuna croissant sandwich

Friday
Scrambled egg, turkey sausage and breakfast potatoes
Vegan- Tofu scramble, beyond sausage and potatoes
Pescatarian- Vegan Option
Saturday

Grit bowl- Creamy grits, turkey bacon, scallion and cheese
Vegan- vegan grits with impossible crumble, scallion and vegan cheese
Pescatarian- vegan Option

Sunday

Beef bacon potato hash bowl- beef bacon, potatoes, onion, pepper and cheese
Vegan- Vegetable vegan sausage potato hash
Pescatarian- Smoked salmon potato hash bowl